



ASIA FEDERATION OF PSYCHIATRIC ASSOCIATIONS (AFPA) &  
INDONESIAN PSYCHIATRIC ASSOCIATION

# SOUTH-EAST ASIA

AFPA Regional Congress

## Program at A Glance (Tentative)

TIME	PROGRAM		
	Pre - Congress Workshop : Thursday - April 30, 2026		
09.00 - 12.00	PARALEL WORKSHOP 1		
	<b>WORKSHOP 1</b>	<b>WORKSHOP 2</b>	<b>WORKSHOP 3</b> <i>(All Indonesian Session - Bahasa Indonesia)</i>
	<b>Rapid Mental Health Needs Assessment in Extreme Disasters: Clinical, Humanitarian, and Population-Based Approaches</b>	<b>Evidence-Based Assessment and Intervention for Offenders with Mental Health Issues : Best Practices and Pitfalls</b>  <b>Moderator :</b> <b>Adhitya Sigit Rahmadianto (Indonesia)</b>	<b>Clinical Applications and Considerations of Electrophysiology in Adolescent and Adult Mood Disorders</b>  <b>Moderator :</b> <b>Santi Yuliani (Indonesia)</b>
	Framing Rapid Needs Assessment (Clinical Perspective)  <b>Era Catur Prasetya (Indonesia)</b>	The Vision for Rehabilitation and Reintegration - Psychiatric Best Practices for The Treatment of Offenders with Mental Health Issues  <b>Corine de Ruiter (Netherland)</b>	Evidence-Based Electrophysiology for Mood Disorders Across Adolescence and Adulthood: Safety and Efficacy Considerations.  <b>Isa Multazam (Indonesia)</b>
	Rapid Assessment in Extreme and Protracted Crises (Field Perspective)  <b>Muhammad Abu Slaih (Gaza, Palestine)</b>	Rocky Road of Forensic Assessments in Limited Resources Setting : Experience from Indonesia  <b>Natalia Widiasih R (Indonesia)</b>	TMS Clinical Practice Guidelines for mood disorder: Implementing Electrophysiology- From Research to Clinic.  <b>Ayesha Devina (Indonesia)</b>
	Population-Level Rapid Assessment (Epidemiological Perspective)  <b>Nahoko Harada (Japan)</b>	Case Studies	Integrating EEG, TMS, and Neuromodulation Data Into Clinical Decision-Making.  <b>Adriesta Herdaetha (Indonesia)</b>
12.00 - 13.00	<b>LUNCH BREAK</b>		
13.00 - 16.00	PARALEL WORKSHOP 2		
	<b>WORKSHOP 4</b> <i>(All Indonesian Session - Bahasa Indonesia)</i>	<b>WORKSHOP 5</b> <i>(All Indonesian Session - Bahasa Indonesia)</i>	<b>WORKSHOP 6</b> <i>(All Indonesian Session - Bahasa Indonesia)</i>
	<b>From A to Z of Executive Function: Implementing Early Diagnosis for Mental Disorders</b>	<b>Beyond The Clinic: Practical Approaches to Community-Based Mental Health Rehabilitation</b>	<b>3D Marriage Framework: Distress, Desire, and Digital Pressures in Contemporary Indonesia</b>
	Decoding Executive Function: From Cognitive Foundations to Mental Health Indicators.  <b>Tjhin Wiguna (Indonesia)</b>	<b>Session 1 : Community-Based Rehabilitation Framework &amp; Multi-Sectoral Approach</b> <b>Citra Fitri Agustina (Indonesia)</b>	Marital Distress in Modern Indonesian Couples  <b>Yenny Dewi Purnamawati (Indonesia)</b>
	Assessment and Application: Tools for Early Screening and Clinical Interpretation.  <b>Suzy Yusna Dewi (Indonesia)</b>	<b>Session 2 : Advocacy Strategies for Bureaucratic Systems</b> <b>Ida Rochmawati (Indonesia)</b>	Sexual Desire Disorders & Intimacy Issues in Couples  <b>Lucky Saputra (Indonesia)</b>
From Data to Diagnosis: Integrating Executive Function into Preventive Mental Health Strategies.  <b>Dwidjo Saputro (Indonesia)</b>	<b>Session 3 : Destigmatization as a Key Component of Rehabilitation</b> <b>Warih Andan P (Indonesia)</b>	Digital Pressures & Technology's Impact on Marriage  <b>Wijaya Taufik Tiji (Indonesia)</b>	
	Case Studies & Panel Discussion with Practitioners	Discussion, Q&A session	

TIME	PROGRAM				
	Day 1 : Friday - May 1, 2026				
08.00 - 08.30	Re-Registration				
08.30 - 09.00	Opening				
<b>KEYNOTE SPEECH</b>					
09.00 - 09.30	Responding to Global Change: The World Psychiatric Association's Action Plan <b>Danuta Wasserman (Sweden)</b>				
09.30 - 09.45	Coffee break				
<b>PLENARY LECTURE</b>					
09.45 - 10.15	Youth Mental Health and Early Intervention; New Paradigms for 21st Century Global Mental Health Care <b>Patrick Mc Gorry (Australia)</b>				
10.15 - 10.45	Mental Health Care in Digital Era – Challenges and Opportunities <b>Vinay Lakra (Australia)</b>				
10.45 - 11.30	Lunch Symposium ( <b>Wellesta</b> )				
11.30 - 13.00	ISHOMA				
13.00 - 14.15	<b>PARALLEL SYMPOSIA 1</b>			<b>Oral Presentation</b>	<b>Poster Presentation</b>
	<b>Parallel Symposia 1</b>	<b>Parallel Symposia 2</b> <i>(All Indonesian Session - Bahasa Indonesia)</i>	<b>Parallel Symposia 3</b>		
	<b>Disaster Psychiatry in Extreme Settings: Clinical, Humanitarian, and Population-Based Perspectives</b>  Moderator : <b>Abdullah Emad</b>	<b>Digital Shift in Mental Health : Are We Ready for The Digital Revolution?</b>	<b>From Rice Fields to Rising Minds: Mindfulness, Mutual Care, and Community Innovation in Early-Career Psychiatrists Across South East Asia</b> Moderator : <b>Kresna Septiandy Runtuk (Indonesia)</b>		
13.00 - 13.20	From Acute Shock to Cumulative Trauma : A Clinical Framework for Disaster Psychiatry in Protracted Crises  <b>Era Catur Prasetya (Indonesia)</b>	Mental Health in The Digital Age: Navigating Readiness, Risks, and Opportunities  <b>Nicholas Hardi (Indonesia)</b>	Navigating the Shadows: How Mindfulness, Cognitive Fusion, and Cultural Coping Shape the Emotional Survival of Mental Health Workers in Timor-Leste  <b>Noviyanti Carla Tillman Leite (Timor Leste)</b>		
13.20 - 13.40	Mental Health Care in a Permanent Disaster: Clinical and Humanitarian Experience from Gaza  <b>Muhammad Abu Slaih (Gaza, Palestine)</b>	Tipping Loneliness: Ears Out & Please Listen to My Voice  <b>Aila Johanna (Indonesia)</b>	From Class to Community: Bringing Mental Health to Life Through Community and Classroom Immersion and Experience-Based Education in Indonesia  <b>Kresna Septiandy Runtuk (Indonesia)</b>		
13.40 - 14.00	Population Mental Health After Large-Scale Disasters: Evidence, Risk Factors, and Long-Term Outcomes from Japan  <b>Nahoko Harada (Japan)</b>	Scroll, Click, Repeat: Is It Starting to Rewire Our Brain?  <b>Eva Suryani (Indonesia)</b>	Beyond Hospital Walls: How Malaysian Psychiatrists Are Transforming Schools and Rural Clinics into Mental Health Hubs  <b>Nicholas Pang Tze Ping (Malaysia)</b>		
14.00 - 14.15	Discussion	Discussion	Discussion		

PARALLEL SYMPOSIA 2				Oral Presentation	Poster Presentation
14.15 - 15.30	<b>Parallel Symposia 4</b>	<b>Parallel Symposia 5</b>	<b>Parallel Symposia 6</b>		
	<b>Resilient Minds, Inclusive Systems: Mental Health in Southeast Asia</b>	<b>Family Systems in the Digital Era: When Theory Meets Practice</b>	<b>Trans-Cultural Solutions for The Modern Marital Discords</b> Moderator : Laxmikant Rathi (India)		
14.15 - 14.35	Crisis, Connection, and Collective Care - The Digital Infrastructure of Filipino Resilience  <b>Joan Mae Perez-Rifareal (Philippines)</b>	Flawless Online, Fragmented Within: The Psychological Cost of Digital Beauty Amid Unresolved Parental Conflict  <b>Suzy Yusna Dewi (Indonesia)</b>	Traditional Roles Vs Modern Demands  <b>G. Prasad Rao (India)</b>		
14.35 - 14.55	Bridging the Invisible Divide- Addressing Mental Health Access Inequities Among Vulnerable Populations  <b>Suttha Supanya (Thailand)</b> <i>On Confirmation</i>	Addressing Post-Pandemic School Refusal Through Family Therapy  <b>Ruziana Masiran (Malaysia)</b>	Various Redressal Systems  <b>Frilya Rachma Putri (Indonesia)</b>		
14.55 - 15.15	Mental Health Challenges and Stigma in Indonesia : Patterns, Pressures, and Pathways Forward  <b>Agung Frijanto (Indonesia)</b>	Digital Self-Harm: Should We Be Worried?  <b>Noor Melissa Nor Hadi (Malaysia)</b>	Stress, Challenges and Marital Discords  <b>Pallavi V. Dhakne (India)</b>		
15.15 - 15.30	Discussion	Discussion	Discussion		
<b>15.30 - 15.45</b>	<b>Coffee Break</b>				
PARALLEL SYMPOSIA 3					
15.45 - 17.00	<b>Parallel Symposia 7</b>	<b>Parallel Symposia 8</b>	<b>Parallel Symposia 9</b>		
	(Sponsored)	<b>Nurturing Wellbeing in Digital Times: Children, Families, and Connection</b> Moderator : Ruziana Masiran (Malaysia)	<b>The Interface Of Mood And Memory: Challenges, Dilemmas And Clinical Management Of Geriatric (Late-Life) Depression</b>  Moderator : <b>Debanjan Banerjee (India)</b>		
15.45 - 16.05		Child and adolescent mental health in the digital era - Challenges and opportunities  <b>Ang Ai Ling (Malaysia)</b>	Is It Depression, Dementia, or Both? : Clinical Differentiation, Red Flags, and Diagnostic Pitfalls in Late-Life Mood Disorders  <b>Soumyo Chatterjee (India)</b>		
16.05 - 16.25		Social Media Usage and Self-Injurious Behaviour: A Study into Their Association  <b>Fransiska Kaligis (Indonesia)</b>	When Antidepressants Don't Work—or Make Things Worse : Treatment Resistance, Cognitive Vulnerability, and Rational Pharmacotherapy in the Elderly  <b>Debanjan Banerjee (India)</b>		
16.25 - 16.45		The Paradox of Technoference: Family Therapy as a Relational Response  <b>Ruziana Masiran (Malaysia)</b>	Beyond Pills : The Forgotten Half of Treatment "Psychosocial Interventions, Caregiver Dynamics, and Long-Term Management Strategies"  <b>Arundhati Nugrahaning Aji (Indonesia)</b>		
16.45 - 17.00	Discussion	Discussion	Discussion		
<b>17.00 - 18.00</b>	<b>NETWORKING GATHERING</b>				

TIME	PROGRAM					
Day 2 : Saturday - May 2, 2026						
08.00 - 08.30	Re-Registration					
PLENARY LECTURE						
08.30 - 09.00	Spectrum and Evidence Base, Global Use and Implementation of Digital Interventions in Schizophrenia and Other Psychotic Disorders <b>Wolfgang Gaebel (Germany)</b>					
SPECIAL LECTURE						
	Special Lecture 1		Special Lecture 2		Special Lecture 3	
	The Importance of Psychological Safety in Psychiatric Multidisciplinary Teams <b>Tan Ming Yee Giles (Singapore)</b>		Centenarian, Dementia and Bone Fracture in Japanese Elderly <b>Masatoshi Takeda (Japan)</b>		VR therapy for psychosis <b>Chung Young Chul (South Korea)</b>	
09.30 - 09.45	Coffee break					
09.45 - 11.00	PARALLEL SYMPOSIA 4				Oral Presentation	Poster Presentation
	Parallel Symposia 10	Parallel Symposia 11 <i>(All Indonesian Session - Bahasa Indonesia)</i>	Parallel Symposia 12			
	Untangling Complexity: Understanding Personality Disorders Through Psychotic Symptoms, Aggressivity Dynamics, and Modern Clinical Management	Anxiety and Stress Disorders in the Digital Era : Neurobiology, Clinical Challenges, and Innovative Therapeutic Approaches	Autism and Quality of Life Across the Lifespan Moderator : Suzy Yusna Dewi (Indonesia)			
09.45 - 10.05	Between Perception and Distortion: Psychotic Symptoms in Cluster B Personality Disorders <b>Johari Khamis (Malaysia)</b>	Neurobiology of Anxiety Disorders in the Digital Era: From Stress Pathways to Precision Psychiatry <b>Mustafa Mahmud Amin (Indonesia)</b>	From Assessment to Action: Clinical Pathways and Family Support for Minimally Verbal Children with Developmental Regression <b>Daniel Fung (Singapore)</b>			
10.05 - 10.25	The Hidden Engines of Aggression: Psychodynamic Perspectives on Aggressivity in Personality Disorders <b>Natalia Widiasih Raharjanti (Indonesia)</b>	Digital-Age Stress, Vulnerability, and Mood–Anxiety Interface: Clinical Insights from Biological Psychiatry <b>Elmeida Effendy (Indonesia)</b>	Getting Autism Assessment Right: Profiling for Accurate Diagnosis, Better intervention and Improved Quality of Life <b>Antonio Persico (Italy)</b>			
10.25 - 10.45	Pathways to Stability : Clinical, Psychotherapeutic, and Systems Approaches in Managing Personality Disorders <b>Jerome Goh (Singapore)</b>	Contemporary Hypnotherapy and Mind–Body Modulation for Anxiety in a Hyperstimulated Digital World <b>Ronny Tri Wirasto (Indonesia)</b>	From school to adult life: gaps, challenges, and supports <b>Tjhin Wiguna (Indonesia)</b>			
10.45 - 11.00	Discussion	Discussion	Discussion			
11.00 - 11.45	Sponsored / Pre - Lunch Symposium					
11.45 - 12.30	Lunch Symposium (Tanabe)					
12.30 - 13.30	ISHOMA					

PARALLEL SYMPOSIA 5				Oral Presentation	Poster Presentation
13.30 - 14.45	<b>Parallel Symposia 13</b>	<b>Parallel Symposia 14</b>	<b>Parallel Symposia 15</b> <i>(All Indonesian Session - Bahasa Indonesia)</i>		
	Native Evidence and Safety of rTMS Use in Psychiatry : An Asian Perspective Moderator : Pallavi V. Dhakne (India)	A Multi-Agent System Framework for Enhanced Clinical Decision Support and Early Psychiatric Diagnosis & Treatment	Toward Zero Suicide in Hospital Settings: Integrated Suicide Prevention Strategies in the Indonesian Context		
	Novel Approaches and Protocols  Shobit Garg (India)	Architecting Multi-Agent Systems for Psychiatric Decision Support  Indra Kusuma ( Germany)	Building a Hospital-Based Suicide Prevention System in a Metropolitan General Hospital  Gina Anindyajati (Indonesia)		
	rTMS Evidence  Gautam Saha (India)	Early Detection and Risk Stratification in Mental Health Using AI Agents  Yazid Habiburahman ( Paris)	Psychological Services and Crisis Intervention in a Psychiatric Hospital  Silviani Hasan (Indonesia)		
	Neuromodulation  Shehan S Williams (Sri lanka)	Real-World Clinical Integration of Multi-Agent Automation Frameworks  Agus Harjono ( Indonesia )	Nursing Perspectives in Suicide Prevention: Frontline Monitoring and Engagement  Gita K Tarigan (Indonesia)		
	Discussion	Discussion	Discussion		
14.45 -15.45	<b>CLINICAL EXPERT MEETING (Sponsored)</b>				
	<b>Offenders with Complex Mental Health Needs : How to Assess and What to Recommend</b>	<b>Geopsychiatry, Chronic Stress, and Disaster Mental Health: From Neurobiology to MHPSS Systems</b>  Moderator : Era Catur Prasetya	<b>Discussion 3</b> <b>(Mersi Farma)</b>		
13.30 - 13.50	Case Study : Juvenile Offender with Complex Psychiatric History and Psychosocial Disadvantages  <b>Adhitya Sigit Rahmadianto (Indonesia)</b>	Geopsychiatry in the Middle East: How Geography, Conflict, and Sociopolitical Stress Shape Mental Health and Psychiatric Care  <b>Joseph El-Khoury (United Arab Emirates)</b>	T B A		
		Neurobiology of Chronic Stress and Trauma in Displaced and Conflict-Affected Populations  <b>Mustafa al'Absi (United State of America)</b>			
13.50 - 14.10	Optimizing Offender Rehabilitation with A Strengths-Based Approach  <b>Corine de Ruiter (Netherland)</b>	MHPSS in Disaster Settings: Preparedness, Rapid Response, and Building Sustainable Community Recovery – Lessons from Japan  <b>Masahide Koda (Japan)</b>			
14.10 - 14.30					
14.30 - 14.45					
18.30 - 21.00	FACULTY DINNER (Invitation Only)				

TIME	PROGRAM		
	Day 3 : Sunday - May 3, 2026		
08.00 - 08.30	Re - Registration		
<b>PLENNARY LECTURE</b>			
08.30 - 09.00	The Path from Genomic Analysis to Pathophysiology of Psychiatric Disorders <b>Nakao Iwata (Japan)</b>		
09.00 - 10.15	<b>PARALLEL SYMPOSIA 6</b>		
	<b>Parallel Symposia 16</b>  <b>An Update and the Emerging Role of the Sport Psychiatrist in Developing Sport Activities Model for Wellness in the Global Pressures and Mental Resilience</b>  <b>Moderator :</b> Isa Multazam Noor (Indonesia)	<b>Parallel Symposia 17</b>  <b>A Cross-Contextual Analysis of Mental Health in Professional and Academic Settings in Malaysia, Singapore and Indonesia</b>  <b>Moderator :</b> Frilya Rachma Putri (Indonesia)	<b>Parallel Symposia 18</b>  <b>Integration of Artificial Intelligence in The Genetic Analysis of Schizophrenia: From Data To Biological Understanding</b>
09.00 - 09.20	Optimization Peak Performance of Youth ADHD by Physical Activities Connected to BCI (Brain Computer Interface) Modalities in Singapore  <b>Lim Choon Guan (Singapore)</b>	Thriving, Not Just Surviving: Mental Wellness in University Life : Insights from Malaysia  <b>Normala binti Ibrahim (Malaysia)</b>	Machine Learning–Based Prediction of Risperidone Response in Schizophrenia  <b>Khamelia Malik (Indonesia)</b>
09.20 - 09.40	Aspects of Mental Health in Sport: The Role of Psychiatrists in Developing Individual and Public Awareness of Sports Psychiatry with Physical Activities by Poco-Poco Dance  <b>Ria Maria (Indonesia)</b>	Redefining Work-Life Well-Being in the Workforce: Mental Health Strategies in Singapore Organization  <b>David Theo (Singapore)</b>	Fibroblast-Based Modelling of Oxidative Stress Mechanisms in Schizophrenia  <b>Kresna Septiandy Runtuk (Indonesia)</b>
09.40 - 10.00	How to Asses Mental Health on Youth Elite Athlete: Collaborative Model with Indonesian Ministry of Youth and Sports Affairs  <b>Bayu Rahadian (Indonesia)</b>	Transforming Mental Health Support Mechanisms in Academic Institutions: A Critical Examination of Practices within Indonesian Universities  <b>Andi J. Tanra (Indonesia)</b>	Polygenic Architecture and AI-Driven Analysis of Genetic Risk in Schizophrenia  <b>T B A</b>
10.00 - 10.15	Discussion	Discussion	Discussion
<b>10.15 - 10.30</b>	<b>Coffee break</b>		
<b>10.30 - 11.45</b>	<b>PLENNARY SYMPOSIA</b> <b>Future of Mental Health Services: Emerging Trends, Challenges, and Opportunities</b>		
10.30 - 10.50	The Role of Digital Technology in Diagnosis and Treatment of Depression <b>Malcolm Hopwood (Australia)</b>		
10.50 - 11.10	Digital Mental Health in China <b>Lin Lu (China)</b>		
11.10 - 11.30	"Smartkids 4.0" - Screening, Information and Empowerment of Parents Against Smartphone Dependence in Preschool Children: Results of A 4-Year Longitudinal Efficacy Study <b>Antonio Persico (Italy)</b>		
11.30 - 11.45	The Double-Edged Sword: Social Media and the Crisis of Physician Suicide in Iran <b>Seyed Vahid Shariat (Iran)</b>		
<b>11.45 - 12.00</b>	<b>Closing</b>		